

Dining Rooms



The Board Room up to 34 covers



The Orangery up to 24 covers



The Restaurant up to 90 covers

Please find overleaf a copy of our current Buffet menus.

As well as these dishes we can also cater for breakfast meetings and offer a full breakfast menu or even just bacon rolls, the choice is yours.

We are also able to offer a delivery service if you wish to hold meetings at your company, we can just drop off the food with you or we can provide service staff if required for the event.

Please do not hesitate to contact us if you have any specific requirements not covered by the information overleaf.

Please note, if a meal is cancelled, then a full charge will be incurred if less than 24 hours notice is given from the date of the function

Katie Minion
Assistant Manager
La Frégate Hotel & Restaurant
Les Cotils
St Peter Port, Guernsey
GY1 1UT
Tel (01481) 724624
Fax (01481) 720443

E-mail: k.minion@lafregatehotel.com
www.lafregatehotel.com

La Frégate *Hotel & Restaurant*



Buffet Selection

2010

Day Delegate Buffet

£14.95 per person

Marinated Chicken Satay
served with spicy sauce

Quiche Various

Tomato and Mozzarella Tartlets
served with pesto oil

Roast Beef Tartlets
served with horseradish cream

Cream Cheese with Smoked Ham

Selection of Open Sandwiches

A selection of fresh fruits

Canapés

£7.50 per person

Smoked Salmon and Cream Cheese en crouete

Bruschetta of Goats Cheese, Basil and Tomato

Tartlet of Duck Liver Pate with Redcurrant Glaze

Mini Mix Cheese and Smoked Bacon Quiches

Crab, Coriander and Crème Fraiche Tartlets

Melon Wrapped in Parma Ham

Buffet Menu "B"

£27.95 per person

Marinated Chicken Satay
served with spicy sauce

Giant King Prawns
served with Tomato and onion salsa

Smoked Salmon en Crouete

Quiche Various

Tomato and Mozzarella Tartlets
served with pesto oil

Roast Beef Tartlets
served with horseradish cream

Sole Goujons
with Tartar Sauce

Smooth Duck Mousse en Crouete

Cream Cheese with Smoked Ham

Selection of Finger Sandwiches

A Selection of Individual Desserts

**Brie, Cheddar and Pont L'evécue
Celery, Grapes, Biscuits, French bread's, Walnut
Bread**

This menu is only available for a minimum of 20 covers

Buffet Menu "C"

£33.75 per person

Honey Roasted Gammon

Roast Sirloin of beef

Meats to be carved at the buffet table

Chicken Satay & Peanut Sauce

King Prawns with Herb Mayonnaise

**Seafood Platters of locally caught fish, crab and
smoked scallops**

Smoked Salmon en crouete

Oriental Crab Tartlets

A Selection of Quiches

Seasonal Melon with Parma Ham

Goujons of Sole with Tartar Sauce

A Selection of Mixed Salads

Hot Buttered New Potatoes

A Selection of Individual Desserts

**Brie, Cheddar and Pont L'evécue
Celery, Grapes, Biscuits, French bread's, Walnut
Bread**

This menu is only available for a minimum of 20 covers